

CLAIMS

1 1. An exercise system for use within a vehicle, comprising in
2 combination:
3 a vehicle having a passenger compartment including a floor and
4 a seat that is secured to the floor, and
5 an exercise apparatus including a frame and an exercise device
6 removably secured to the frame, the frame being secured to the floor of
7 the vehicle.

1 2. The exercise system of claim 1, wherein said frame comprises a
2 pair of base members, a support leg extending from each base member, and a
3 crossbeam that is connected to and extends between each support leg.

1 3. The exercise system of claim 2, further comprising a mounting
2 fixture positioned on a support leg, the exercise device being removably
3 secured to the mounting fixture.

1 4. The exercise system of claim 2, further comprising a mounting
2 fixture positioned on a base member, the exercise device being removably
3 secured to the mounting fixture.

1 5. The exercise system of claim 1, wherein said frame comprises a
2 pair of base members, each base member having a bottom surface that is
3 complementary to the shape of the floor of the vehicle.

1 6. The exercise system of claim 5, wherein each base member
2 includes a flange and a longitudinal axis, the flange extending from the base
3 member perpendicular to a longitudinal axis.

1 7. The exercise system of claim 2, wherein said frame includes a
2 spring biased pin and plurality of apertures, the apertures being selectively
3 engageable by the pin such that the dimensions of the frame may be adjusted
4 by a user.

1 8. The exercise system of claim 1, wherein said exercise device
2 includes a grip, an elastic cord and a clip; the grip and clip being secured
3 together by the elastic cord and the clip being removably securable to the
4 mounting fixture.

1 9. The exercise system of claim 1, wherein said exercise device
2 comprises a belt.

1 10. An exercise system for use within a vehicle, comprising in
2 combination:

3 a vehicle having a passenger compartment including a floor and
4 a seat that is secured to the floor, and
5 an exercise apparatus including a frame and an exercise device
6 removably secured to the frame, the frame being secured to the floor of
7 the vehicle and including a pair of base members, a support leg
8 extending from each base member and a crossbeam that is connected to
9 and extends between each support leg.

1 11. The exercise system of claim 10, wherein the crossbeam
2 includes adjustment means such that the dimensions of the frame may be
3 adjusted by a user.

1 12. The exercise system of claim 10, further comprising a
2 mounting fixture positioned on a support leg, the exercise device being
3 removably secured to the mounting fixture.

1 13. The exercise system of claim 10, wherein said exercise device
2 includes a grip, an elastic cord and a clip; the grip and clip being secured
3 together by the elastic cord and the clip being removably securable to the
4 mounting fixture.

1 14. The exercise system of claim 1, wherein said exercise device
2 comprises a belt.

- 1 15. An exercise system for use within a vehicle, comprising in
2 combination:
- 3 a vehicle having a passenger compartment including a floor and
4 a seat that is secured to the floor, and
- 5 an exercise apparatus including a frame and an exercise device
6 removably secured to the frame, the frame being secured to the floor of
7 the vehicle and including a pair of base members, a support leg
8 extending from each base member and a crossbeam that is connected to
9 and extends between each support leg, each support leg being rotatable
10 with respect to its base member and the crossbeam, the crossbeam
11 having adjustment means such that the dimensions of the frame may be
12 modified by a user, and a mounting fixture positioned on a support leg,
13 the exercise device being removably secured to the mounting fixture.